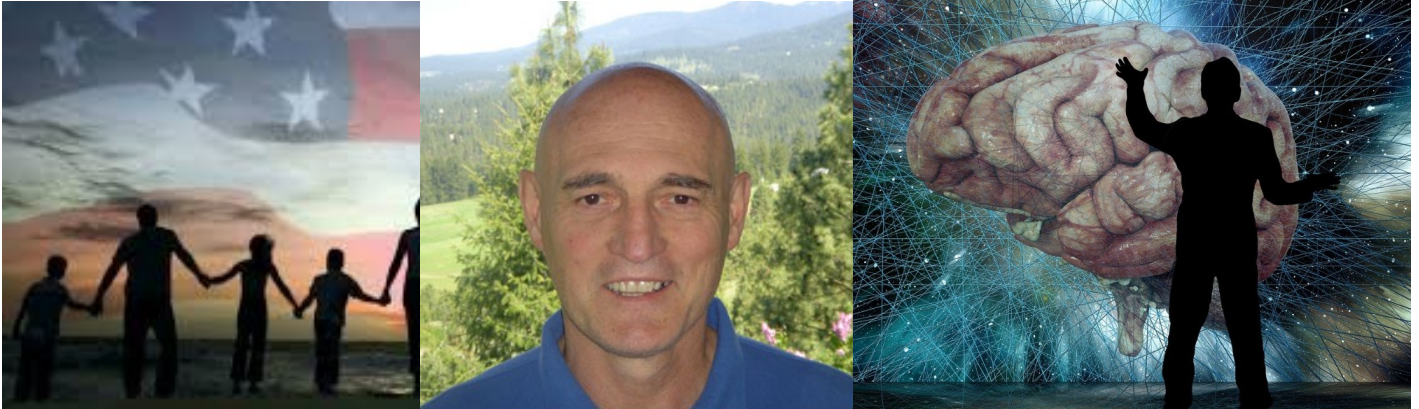


Release and Reframe *workshop*

FREE workshop for all Veterans, First Responders + their families

Freedom + Peace Of Mind
in all areas of your life!



Release and Reframe *workshop*

If you have had traumatic experiences,

don't worry you do not have to relive them to be free!

Sponsors cover tuition for our Veterans + First Responders + adult Family Members

Hear what other Veterans have said:

"I am at peace. I don't feel alone anymore. I can forgive myself and Learn to Love myself again."

Afghanistan - Navy Seal

"I am free of my anger."

Vietnam - Army Veteran

"A great sense of peace and understanding of the things I create for myself."

Iraq - Veteran

"This is an amazing program. I am now more connected to friends and family. I am also present to who I am in this world."

Woman Army Veteran

Live in person workshop (PILOT)

Workshop Logistic information:

When: **Saturday 2/19/22, 8:45am—5pm**

Location: Veterans Services Hub

4232 6th Ave SE, Suite 201, Lacey, WA

How: Led by Vietnam era Veteran/First Responder, who has trained people around the world, and will give you powerful tools to experience a new level of aliveness!



Pre-registration required:

Register at www.na2evs.org/events

For more information contact:

Rod Wittmier, rod.wittmier@na2evs.org

For workshop details, videos and amazing testimonies

visit: www.na2evs.org/rar